



4th Australia and New Zealand Conference on Advanced Research  
(ANZCAR-2020), Melbourne, Australia

ISBN: 978-0-9953980-8-5

Asia Pacific Institute of Advanced Research (APIAR)

[www.apiar.org.au](http://www.apiar.org.au)

## **PARENTAL BURNOUT AMONG PARENTS OF PRE-TERM NEOENATES WITH HYPERBILIRUBIN IN NEONATAL INTENSIVE CARE UNIT**

Dr. Simplejit Kaur Dhanoa  
Chandigarh University, India.  
*Corresponding Email:* simplejit.uila@cumail.in

---

### **Abstract**

Newborn is a source of happiness for family but pre-term neonates affected with severe jaundice give reason for stress and burnout for parents and caregivers (Crinc et al., 2002; Duygun & Sezgin, 2003; Freudenberger & North, 1986). The huge demands decrease the level of motivation in parents (Procaccini & Kiefaber, 1983). Literature has revealed that not much work has been done on the parents of neonates with hyperbilirubinemia. Hence, this study has been designed to examine the parental burnout among the parents of pre-term neonates with hyperbilirubinemia. The aim of this study was to examine the variables responsible for parental burnout. The sample comprised of 150 mothers and 150 fathers of male and female neonates with hyperbilirubinemia. The standardized tools were used to assess different variables. Based on the findings of the present study, it is clear that most of the parents of neonates with hyperbilirubinemia experienced parental burnout.

**Keywords:** Pre-term, Neonate, Hyperbilirubinemia & Parental Burnout.

---