



1st Global Conference on Hospitality, Tourism and Sports Management (GCHTSM)

Adelaide, South Australia

ISBN :978-0-6482404-7-1

Asia Pacific Institute of Advanced Research (APIAR)

www.apiar.org.au

**AN ANALYSIS OF STUDENTS' SATISFACTION OF A VEGETARIAN DIET:
THE CASE OF VALLEY VIEW UNIVERSITY, GHANA.**

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Abstract

Vegetarianism for most people is a matter of choice. However, for students of Valley View University (VUU), it is a compulsory experience to go through as long as you live on campus. The main objective of this paper was to examine how University students are satisfied with the vegetarian cafeteria food that is served on campus. Using data collected from Valley View University students in Ghana, we can conclude that contrary to our hypotheses, students are very much satisfied with the vegetarian food from the cafeteria, mostly for health reasons. Conclusions and recommendations are discussed below.

Keywords: Satisfaction, Valley View University, Cafeteria,
