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BARRIERS AND FACILITATORS TO RESEARCH UTILIZATION AND BELIEFS TOWARDS EVIDENCE-BASED PRACTICE AMONG NURSES: A CORRELATIONAL STUDY

Angelyn T. Salunga, RMT, MSN

College of Our Lady of Mt. Carmel Pampanga, Philippines.

Corresponding Email: angelyn.salunga@yahoo.com

Abstract

The aim of the study was to identify the nurses' barriers and facilitators to research utilization and their beliefs towards evidence-based practice. A descriptive-correlational design was used to survey 150 consecutively sampled nurses from two selected hospitals in Pampanga. The Barriers and Facilitators to Using Research in Practice questionnaire and the Evidence-Based Practice Beliefs Scale were used to collect data. Descriptive statistics and Pearson's r correlation were used to analyze data. Results revealed that the most common barrier and facilitator for research utilization were that *nurses see little benefit for self* in doing research and the *accessibility of journals, library searches, and photocopying* respectively. In terms of beliefs about evidence-based practice the respondents reported an overall positive outlook. It has been also found out that there existed a significant relationship ($r = .493$; $p = .001$) between the facilitators for research utilization and beliefs towards evidence-based practice. This underscores the need for provision of administrative support to facilitate research utilization to support change based on research evidence.

Keywords: Barriers, Beliefs, Evidence-Based Practice, Facilitators, Research Utilization.
