

DEVELOPING A QUALITY IMPROVEMENT MANUAL FOR IMPROVING RETINITIS PIGMENTOSA THROUGH ALTERNATIVE MEDICINE: THE CASE OF SAUDI ARABIA

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Abstract

This paper aims to develop a quality improvement manual for improving Retinitis Pigmentosa (RP) patients' vision field through alternative medicine at a cupping clinic in Saudi Arabia, based on the National Center for Complementary and Alternative Medicine (NCCAM). Establishing, controlling and managing the process of cupping clinics in Saudi Arabia are the main responsibilities of NCCAM as it is an organization of the Saudi Ministry of Health. This study is based upon the Traditional Chinese Medicine standards. A literature review, interviews, surveys and observations as methods of research was used on 14 RP patients. It seems that this kind of treatment was effective in improving some cases under certain conditions. This paper provides quality improvement process through applying three types of approved treatment methods simultaneously to ensure its effectiveness by starting special diet nutrition, cupping therapy and electroacupuncture.

Keywords: Alternative Medicine, Retinitis Pigmentosa, Acupuncture, Cupping Therapy, Diet Nutrition

